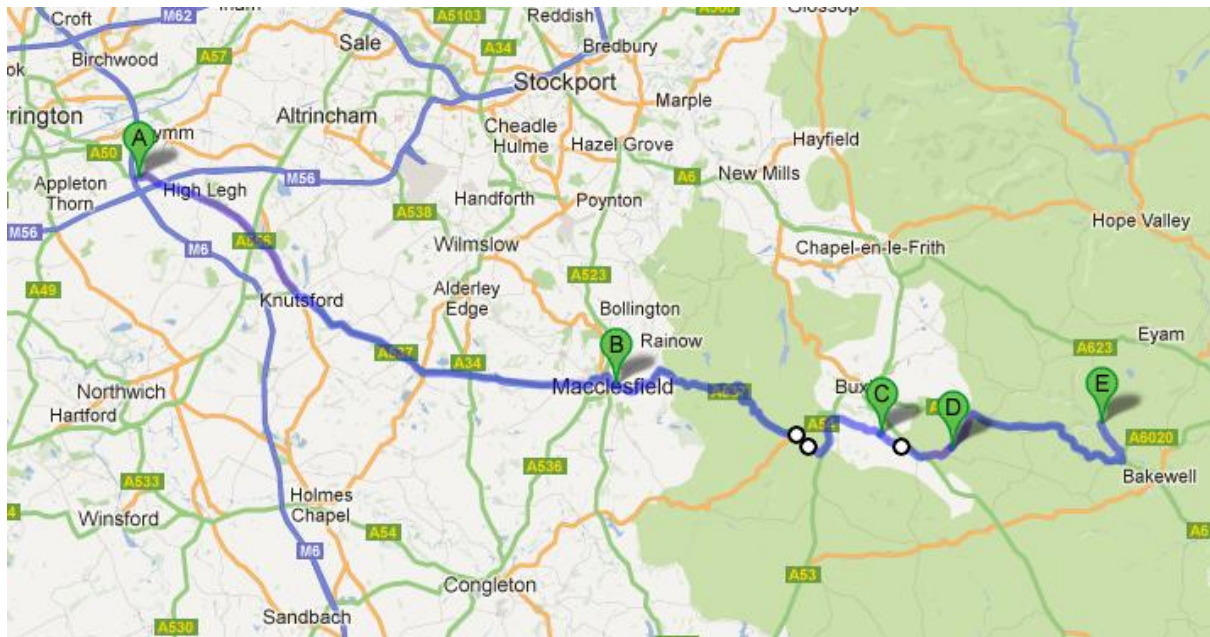


BGZ's Twin Peak Run

1. Lymm Services to Monsal Head
2. Monsal Head to Crag Inn
3. Crag Inn to Lymm Services
4. Sample Menu

1 .Lymm Services to Monsal Head

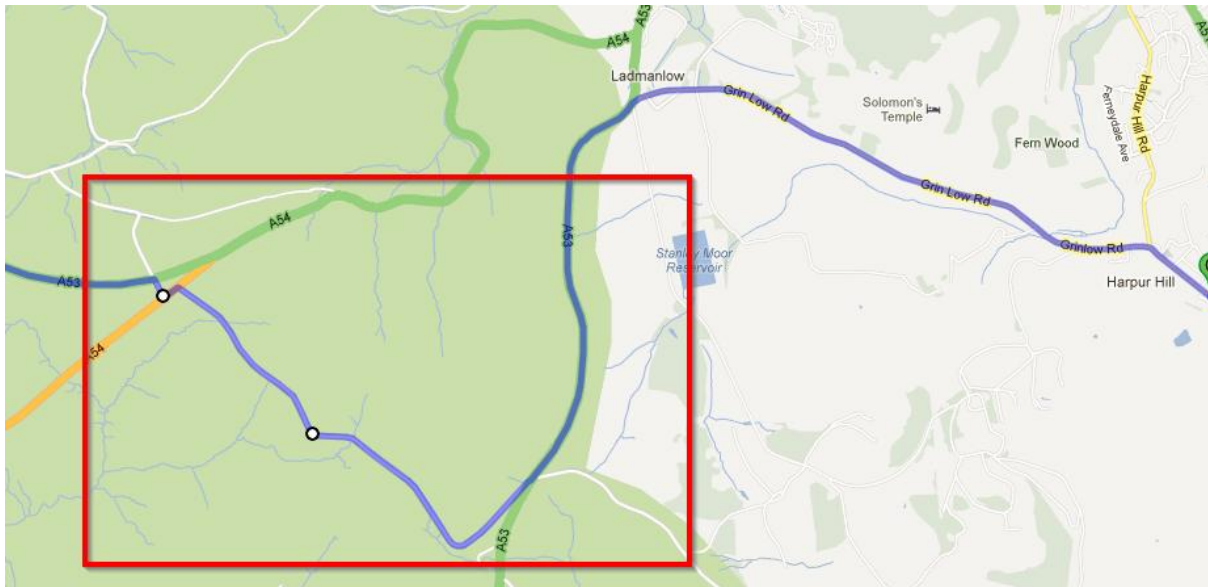


[Services Cliff Ln, Lymm WA13 0SP, UK](#)

1. Head east on Cliff Ln/A50 toward Broadheys Ln Continue to follow A50 4.5 mi
2. Slight right onto Chester Rd/A556 144 ft
3. Slight left onto Warrington Rd/A50 Continue to follow A50 Go through 1 roundabout 2.7 mi
4. Turn left onto A537 Go through 8 roundabouts 11.5 mi
5. At the roundabout, take the 3rd exit onto The Silk Rd/A523 0.2 mi
6. Turn left onto Buxton Rd/A537 Destination will be on the right 0.2 mi

[Buxton Rd/A537](#)

7. Head east on Buxton Rd/A537 toward Flint St Continue to follow A537 8.1 mi
8. Turn right toward A54 305 ft
9. Turn left onto A54 253 ft
10. Take the 1st right toward A53 1.3 mi
11. Slight left onto A53 1.1 mi
12. Slight right onto Grin Low Rd 1.5 mi
13. Grin Low Rd turns slightly right and becomes Burlow Rd 0.2 mi

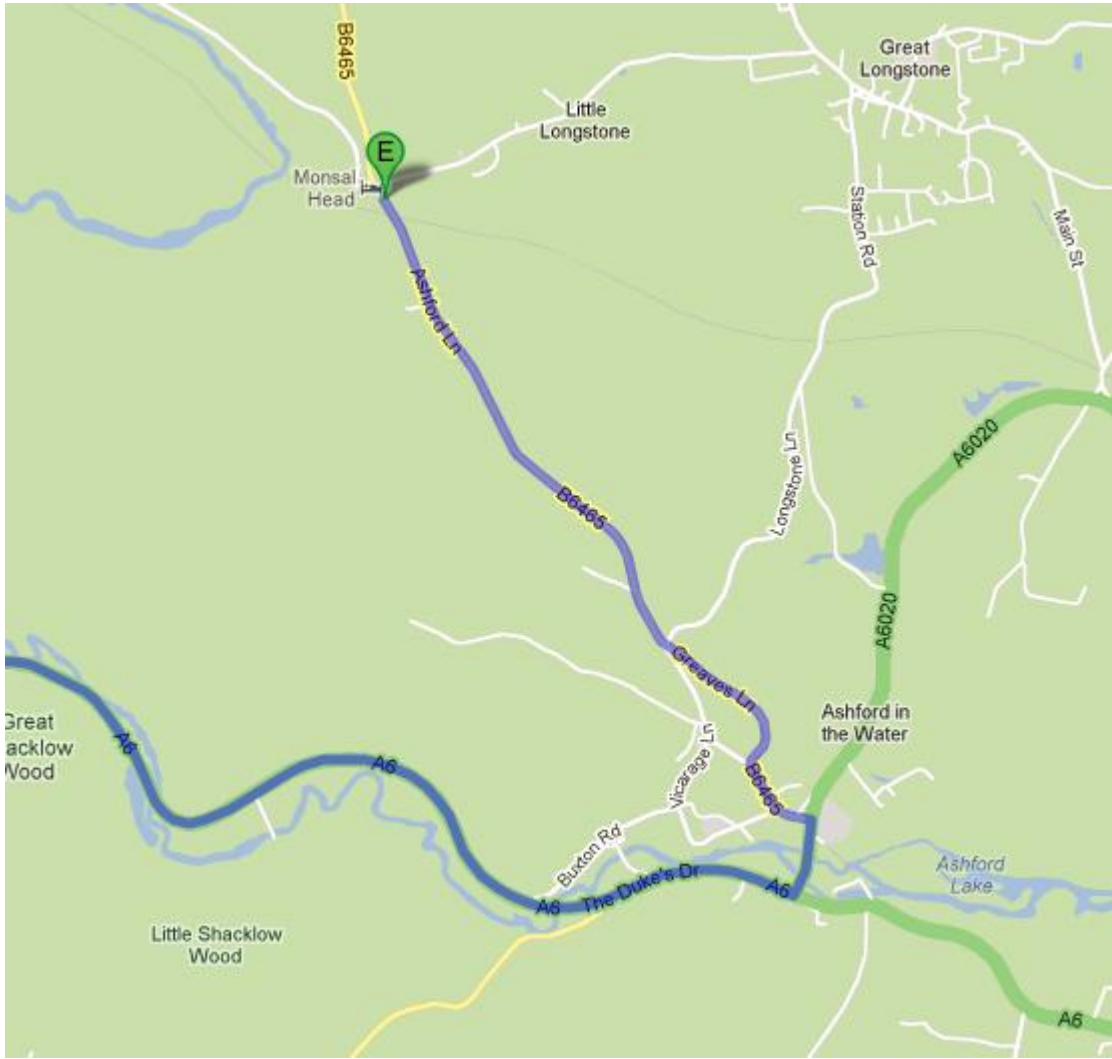


[Burlow Rd](#)

14. Head southeast on Burlow Rd toward Haslin Rd 0.4 mi
15. Continue onto Route 68 1.0 mi
16. Turn left onto Buxton Rd/B5053 164 ft
17. Turn right onto A515 0.1 mi
18. Turn left onto A5270 1.2 mi

[Old Coalpit Ln/A5270](#)

19. Head northeast on Old Coalpit Ln/A5270 toward Common Ln Continue to follow A5270 1.4 mi
20. Turn right onto A6 5.9 mi
21. Turn left onto A6020 0.1 mi
22. Take the 1st left onto B6465 Destination will be on the left 1.4 mi



[Monsal Head Hotel Monsal Trail Bakewell, Derbyshire DE45 1NL, United Kingdom](#)

2. Monsal Head to Crag Inn, Wildboardclough



[Monsal Head Hotel Monsal Trail Bakewell, Derbyshire DE45 1NL, United Kingdom](#)

1. Head northwest on Ashford Ln/B6465 Continue to follow B6465 190 ft
2. Take the 1st left toward Bottomhill Rd 1.6 mi
3. Continue straight onto Bottomhill Rd 1.9 mi
4. Continue onto Mires Ln 0.5 mi
5. Turn right onto A623 3.7 mi

[A623](#)

6. Head southeast on The Ave/A623 toward Avenue Close Continue to follow A623 2.3 mi
Destination will be on the right

[Calver Rd/A623](#)

7. Head southeast on Calver Rd/A623 toward White Lodge Ln Continue to follow A623 Go through 1 roundabout 0.4 mi
8. At the roundabout, take the 2nd exit onto Bakewell Rd/A619 0.4 mi
9. Turn right onto A619 2.0 mi
10. Turn right onto A6020 Go through 1 roundabout 1.2 mi

[A6020](#)

11. Head west on A6020 toward Longreave Ln 1.4 mi
12. Turn right onto The Duke's Dr/A6 0.3 mi
13. Turn left 1.5 mi
14. Turn left toward B5055 0.7 mi
15. Sharp right onto B5055 3.7 mi
16. Turn right onto A515 52 ft
17. Take the 1st left toward High St 3.0 mi
18. Continue straight onto High St 0.2 mi
19. Continue onto Leek Rd 36 ft

[Leek Rd](#)

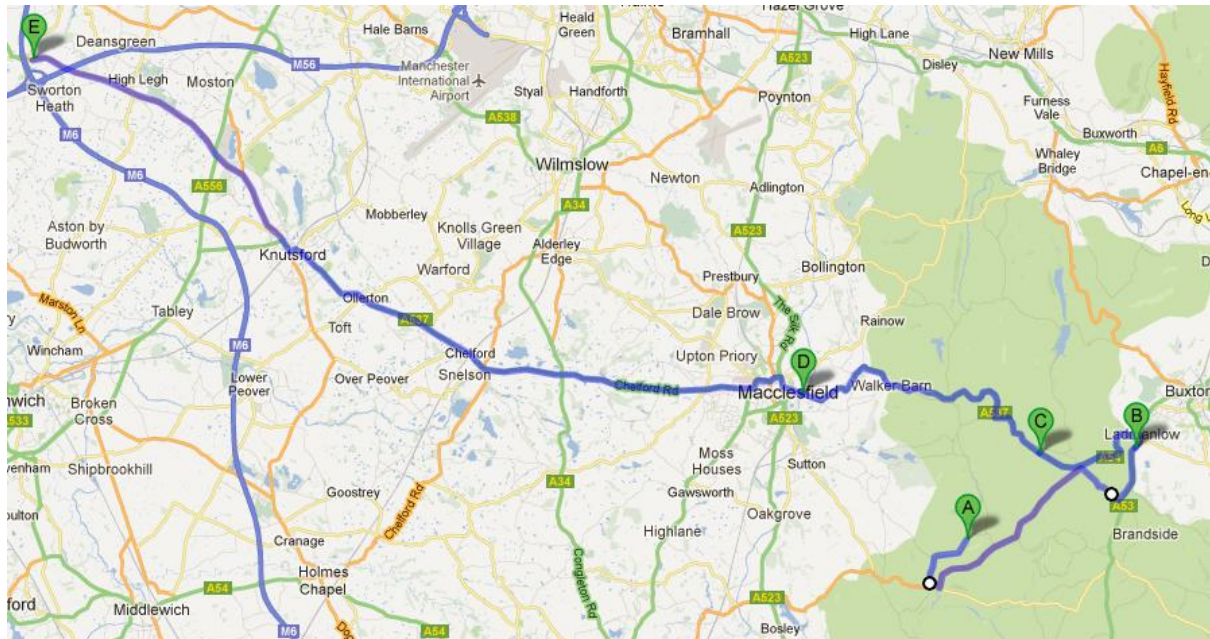
20. Head west on Leek Rd toward Carder Green 4.2 mi
21. Sharp right onto A53 6.9 mi
22. Turn left onto Manchester Rd/A5004 Continue to follow A5004 1.9 mi
23. Slight left onto Sandy Ln 1.6 mi
24. Turn left at The St 2.8 mi
25. Turn right 0.2 mi
26. Turn left toward A537 0.3 mi
27. Take the 1st right toward A537 0.2 mi
28. Take the 1st right onto A537 0.9 mi

[Cat and Fiddle Inn UK](#)

29. Head west on A537 3.1 mi
30. Turn left onto Ankers Ln 0.6 mi
31. Take the 2nd right 1.7 mi
32. Slight right Destination will be on the right 1.0 mi

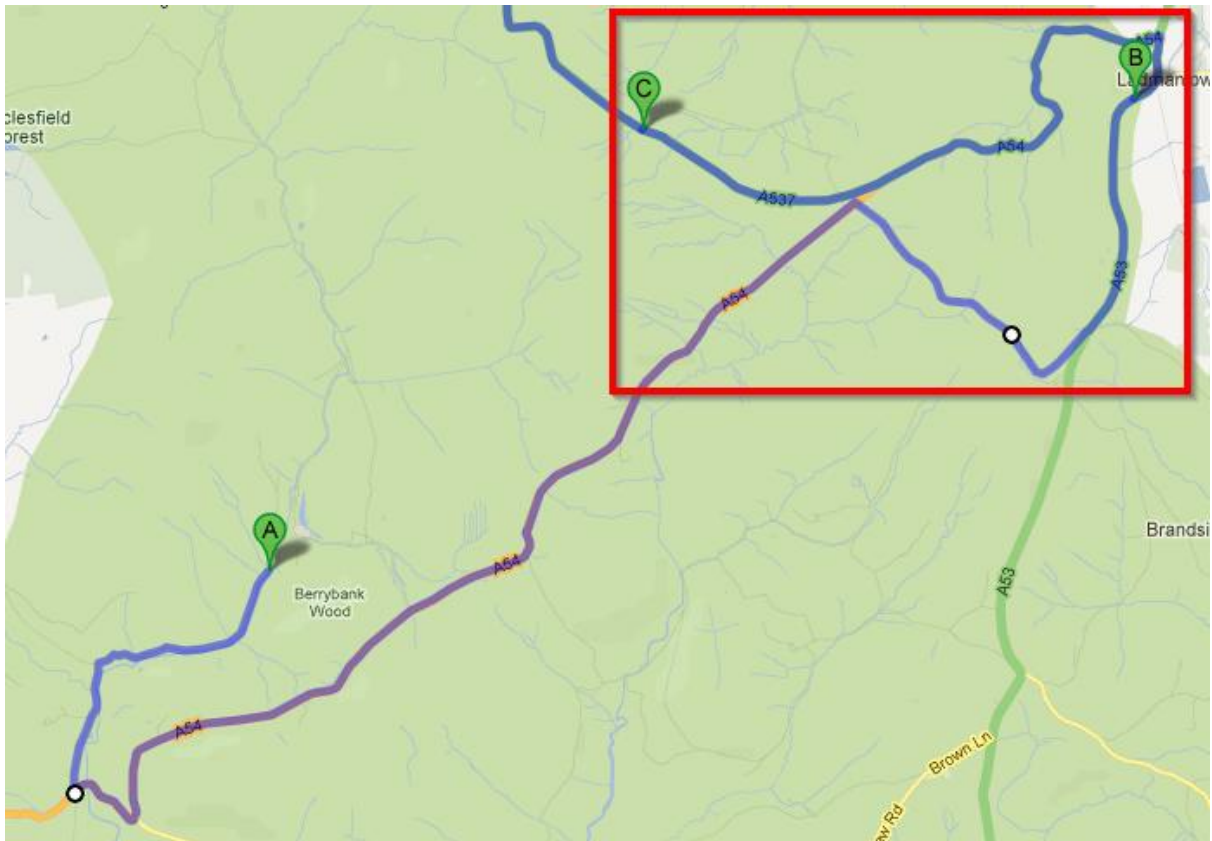
[The Crag Inn Wildboarclough, Macclesfield, Cheshire SK11 0BD United Kingdom](#)

3. Crag Inn to Lymm Services



[The Crag Inn Wildboarclough, Macclesfield, Cheshire SK11 0BD United Kingdom](#)

1. Head southwest 0.9 mi
2. Take the 1st left toward A54 0.5 mi
3. Take the 1st left onto A54 4.5 mi
4. Turn right toward A53 1.3 mi
5. Slight left onto A53 1.0 mi



[A53](#)

- 6. Head northeast on A53 toward Grin Low Rd 0.3 mi
- 7. Take the 1st left onto Macclesfield Main Rd/A54 Continue to follow A54 1.7 mi
- 8. Continue onto A537 1.1 mi

[Cat and Fiddle Inn UK](#)

- 9. Head west on A537 7.0 mi

[Buxton Rd/A537](#)

- 10. Head west on Buxton Rd/A537 toward Burgess St 0.4 mi
- 11. Turn right onto The Silk Rd/A523 0.2 mi
- 12. At the roundabout, take the 1st exit onto A537 Go through 8 roundabouts 11.5 mi
- 13. Turn right onto Toft Rd/A50 Continue to follow A50 Go through 1 roundabout 2.7 mi
- 14. Turn right onto Chester Rd/A556 144 ft
- 15. Slight left onto A50 Destination will be on the left 4.5 mi

[Services Cliff Ln, Lymm WA13 0SP, UK](#)



Monsal Head Hotel

Sample A la Carte Menu

Food served daily in both our Stables bar and Longstone restaurant –
Monday to Saturday 12 noon – 9.30pm and Sunday's 12 noon to 9pm

*Please note that this is a **sample menu** - our menus change regularly and seasonally and are supplemented by a daily specials board. On Sunday's, we serve our a la carte menu and also a traditional roast dinner which is served in addition to our menu.*

Starters

Homemade soup served with bread and butter	4.30
Traditional French fish soup with rouille, garlic croûtes and gruyère cheese	5.10
Smoked halibut served with red pepper, coriander & mustard seed relish, capers and rocket	5.90
Local Gloucester old spot pork Scotch egg with homemade piccalilli and a rocket salad	5.20
Our own chicken liver pâté with homemade spiced fruit chutney cured with brandy and Madeira, served with toast	5.10
Root vegetable tarte tatin with a saffron, shallot, carrot and watercress salad	5.50
Jerusalem artichoke and stilton double baked soufflé with pickled wild mushrooms and artichoke crisps	6.00

Main Courses

Potato, fennel and apple boulangère with braised celery and a spiced carrot puree served with chicory & orange marmalade and a choice of salad or vegetables	11.20
Cannelloni filled with mildly curried spinach, tomato, aubergine and cumin, topped with spiced tomato & pepper sauce & mint yoghurt - choice of salad or vegetables	11.50
Grilled butterflied mackerel with a brown shrimp, lemon and herb butter served with sautéed violet potatoes, spinach and leeks	14.50
Fillet of turbot with lobster medallions and a rich seafood & Cognac sauce, fennel cracker & home made gnocchi and a choice of salad or vegetables	17.90
Braised beef, home smoked garlic mash, glazed shallots, Chantenay carrots, pancetta crisps served with a rich red wine and wild mushroom jus Perfect with a glass of bin no. 37 - 'Regaliali' Sicilian red - Nero D'Avola	16.00
8oz bistro rump steak with onion rings, tomatoes and field mushroom with a choice of potatoes	14.90

Brown shrimp butter	1.00
Peppercorn sauce	1.70

Side orders

Mixed salad, mixed vegetables, chips, new potatoes, mashed potatoes,	2.20
Garlic bread with cheese	2.95

All our food is freshly prepared and cooked to order, some items may incur an increased wait at busy times.

Bread selection	2.95
Extra virgin olive oil and balsamic vinegar for dipping	1.20
A bowl of mixed olives in our own marinade	2.95
Our home pickled, spiced shallots	1.20

Salads - all of our salads available as a starter or main course

Wild mushroom, roasted red onion, vanilla pear, mixed leaf and chestnut salad	5.90/11.90
Salad of smoked haddock, mixed leaves & crumbed horseradish & herb risotto balls, topped with a poached egg	5.90/11.90
Traditional Caesar salad with crisp cos, croutons, anchovies and shaved parmesan	4.90/8.20
Chicken Caesar salad - as above - with the addition of grilled chicken breast	5.50/10.00

Desserts

Fruit crumble of the day with custard	5.00
Assortment of sorbets and ice creams	4.70
Sticky toffee pudding with butterscotch sauce and vanilla ice cream	5.00
Chocolate Nemesis with honeycomb ice cream using a combination of our own honeycomb and Hope Valley dairy ice cream	6.20
Three counties cheeseboard served with Yorkshire pepper cake, pickled celery and crackers	6.20
Wensleydale - Fountains Gold, Websters - blue, Appelby's - unpasteurised Cheshire	
Ferreira Tawny Port to accompany your cheeseboard	3.00 per 50ml glass

Dessert Wine -

Muscat de Frontignan Château de Stony	100ml	4.50
A deliciously sweet wine from the South of France, reminiscent of candied grapes.	½ bottle	16.00

Cafetiere of freshly brewed coffee	3.00 per person
Pot of breakfast tea	3.00 per person
Hot chocolate	3.00 per person
We also have a selection of fruit and herbal teas available - please enquire if you have a favourite	

Perhaps you would like a spirit or liqueur to accompany your coffee? – see the drinks menu for our full selection.

Snack Menu

6oz Cheese burger served in a rustic roll with chips and salad	8.50
Hot slow roasted belly pork, crackling and apple sauce served in a rustic roll with chips and salad	8.95
Rack of ribs glazed with homemade chilli and barbeque sauce served with sticky rice and mixed salad	12.00
Beer battered fish and chips served with mushy peas	10.00
Local Gloucester old spot pork sausages served with creamy mashed potato vegetables and a rich onion gravy	11.00

Children's Menu

Pasta and tomato sauce	5.50
Garlic bread with cheese	2.95
Pork sausages or Vegetarian sausages, served with mashed potatoes & vegetables	5.90
Beer battered fish and chips served with mushy peas	5.90
Whole tail breaded scampi served with chips and garden peas	5.90
Battered chicken breast goujons served with chips and baked beans	5.90
Children's ice cream - 2 scoops of either vanilla, chocolate or strawberry	2.60

Lighter snacks Available from 12 noon till 5 pm

Sandwiches on white or multi-grain rustic rolls, served with crisps and salad

'Isle of Mull' cheddar cheese and pickle	5.60
Tuna mayonnaise and red onion	5.60
Warm bacon and brie	6.10
Smoked salmon, prawn, rocket with sour cream and chives	6.20

Jacket potatoes served with salad

Baked beans <u>or</u> Sour cream and chives <u>or</u> Cheddar cheese	5.20
Tuna mayonnaise with red onion	5.50
Cheddar cheese and beans	5.50
Bacon and brie	5.90

Side orders

Mixed salad, mixed vegetables, chips, new potatoes, mashed potatoes,	2.20
Garlic bread with cheese	2.95